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Don Kern from Grand Rapids, Michigan to Attempt Guinness World Record™ By Running Marathons On Seven Continents In 35 Days

Grand Rapids, Michigan, 30 January 2007. On 11 February 2007, "Marathon" Don Kern will begin an attempt to break the Guinness World Record "Marathon on each continent - Shortest duration to complete (Men)" by running in organized marathons on each of the seven continents in 35 days. Scheduled conclusion is 18 March 2007.

The marathons included in the "world tour" are: Mercedes Marathon in Birmingham Alabama (North America), Egyptian International Marathon in Luxor, Egypt (Africa), Maraton Popular de Valencia in Valencia, Spain (Europe), The Antarctic Marathon on King George Island (Antarctica), Fin del Mundo Marathon in Ushuaia, Argentina (South America), Six Foot Track Marathon in Sydney (Australia), and the Donga Seoul International Marathon in Seoul, South Korea (Asia)

All of the above marathons are officially organized events, recognized by the Association of International Marathons and Road Races (AIMS) or other international running bodies. None are contrived just for the purpose of this world record attempt.

Affiliated charities 1) Alternatives in Motion, a local Grand Rapids charity provides new made-to-order wheelchairs and other mobility devices to people who need them. 2) City to City Run to Defeat Malaria, Donating Bti (*Bacillus thuringiensis* var *israelensis*) to Equator Belt Countries. This bacteria naturally kills mosquitoes without disrupting personal health or environment, as opposed to spraying DDT.

Kern is an IT Consultant, freelance writer, and the Race Director of the Metro Health Grand Rapids Marathon. He has run 133 marathon or longer races, in all fifty states, in twelve countries, and at the North Pole.

For additional information, contact Don Kern, or visit www.cooladventures.net/sevencontinents.htm

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